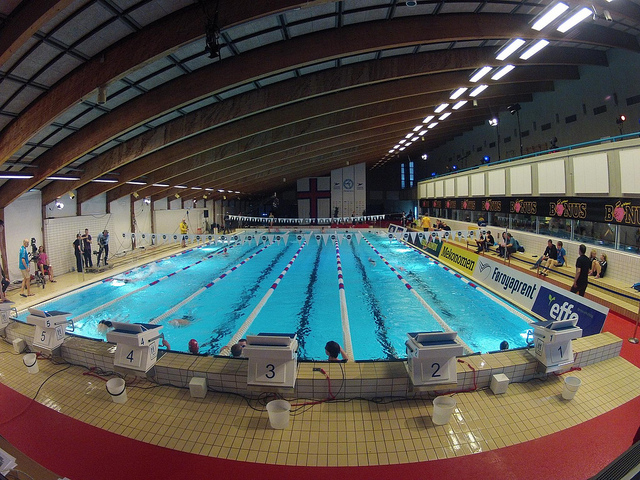
Svimjisamband Føroya is pleased to invite you to take part in

**Nordic Junior Championships/Nordic Championships 2013**

**Date and place:** December 6th to 8th 2013 in Tórshavn, Faroe Islands

**Venue:** Svimjihøllin í Gundadali, Tórshavn, Indoor pool 25 m, 6 lanes,  
 Omega electronic timing.



**Age groups:** Junior - Girls born 1998–1999, Boys born 1996–1997

Senior - Girls born 1995–1997, Boys born 1993–1995

**Invited Nations:** Denmark, Estonia, Faroe Islands, Finland, Iceland, Norway and

Sweden

**The competition:** See program on page below

Session 1: Friday 6/12. at 9:30

Session 2: Friday 6/12 time TBD

Session 3: Saturday 7/12 at 9:30

Session 4: Saturday 7/12 time TBD

Session 5: Sunday 8/12 at 9:30

Session 6: Sunday 8/12 time TBD

Each nation may enter 4 swimmers in each individual event in the prelims, 2 swimmers in each event in finals and one team in the relay events. 800/1500 meters events will be swum as timed finals.   
The finals in 50 m are open for both age groups only one winner Nordic Champion.  
Warm up 1,5 hours before the start of the session. Training will be possible in the competition pool on Thursday evening December 5th.

All the Finals session will be transmitted live on Faroese Television and on the net.

**Technical Meeting:** The technical meeting will take place on Thursday evening at 19:00. Changes can be made until 1,5 hour before each session.

**Entries:** Attached you will find Preliminary Entry Forms.   
Please return your entries to Svimjisamband Føroya, PO Box 1329, FO-110 Tórshavn.

Fax.+298 317559 or e-mail: ssf@ssf.fo

**Dates:** Preliminary Entry/Booking: **September 14th**

Reservation payment 50%: **September 19th**

Final Entry/Booking: **November 1st**

Final payment: **November 1st**

Entry by Name: **November 25th**

**Accommodation:** Accommodation will be arranged at Hotel Føroyar (Address:

Oyggjarvegur 45, FO-100 Tórshavn) [http://www.hotelforoyar.com](http://www.hotelforoyar.com/)  
Full board will include breakfast at the hotel and lunch and dinner at other venue. The package includes accommodation from Thursday to Monday and dinner on Thursday and lunch and dinner from Friday to Sunday.

Package prices per person (€)

**Single: 768,00 EUR**

**Twin: 596,00 EUR**

**Triple: 562,00 EUR**

**4-6 bed room: 499.00 EUR** (Annex, 100 m from hotel, shared facilities)

The participating Federations will receive an invoice after the preliminary reservation. The invoice will include 50% of the total amount. After the Final entry booking the Federations will receive an invoice of the remaining amount.

**Transportation: Travel Pack:**The Travel Pack, includes transportation from and to Copenhagen Airport, Kastrup and transportation to/from Vágar Airport.   
Dec. 5th Dep. 12:30 Arr. 13:30 RC453, CPH-FAE  
Dec. 9th Dep. 08:15 Arr. 11:15 RC450, FAE-CPH

For the Icelandic team, the Travel Pack will include travel for FAE-RKV on monday December 9th.

**Travel Pack per person** (€): **433,00 EUR**

This offer is only for the countries that make their accommodation booking through the organizers. There will be shuttle service between the hotel and the pool, distance is 1500 m.

**Information**: Information about the Nordic Junior Championships, can be found here: [http://www.njc2013.org](http://www.visittorshavn.fo/?l=en&)

Information about Faroe Islands and the city of Tórshavn, can be found here: <http://www.visittorshavn.fo/?l=en&>

If you have any questions concerning the Nordic Junior Championships do not hesitate to contact us:

Svimjisamband Føroya

PO Box 1329

FO-110 Tórshavn

tel. +298 607559   
fax +298 317559   
e-mail [ssf@ssf.fo](mailto:ssf@ssf.fo)

**Competition Schedule**

***Friday 06/12 Heats at 9:30, Finals time tbd***

1. Girls 200 m Freestyle

2. Boys 200 m Freestyle

3. Girls 100 m Breaststroke

4. Boys 100 m Breaststroke

5. Girls 100 m Backstroke

6. Boys 100 m Backstroke

7. Girls 50 m Butterfly Open NJM/NM

8. Boys 50 m Butterfly Open NJM/NM

9. Girls 200 m Indiv. medley

10. Boys 200 m Indiv. medley

11. Girls 800 m Freestyle

12. Boys 1500 m Freestyle

13. Girls 4x100 m Freestyle

14. Boys 4x100 m Freestyle

***Saturday 07/12.******Heats at 9:30, Finals time tbd***   
15. Girls 50 m Breaststroke Open NJM/NM

16. Boys 50 m Breaststroke Open NJM/NM

17. Girls 100 m Freestyle

18. Boys 100 m Freestyle

19. Girls 100 m Butterfly

20. Boys 100 m Butterfly

21. Girls 400 m Indiv. medley

22. Boys 400 m Indiv. medley

23. Girls 50 m Backstroke Open NJM/NM

24. Boys 50 m Backstroke Open NJM/NM

25. Girls 4x200 m Freestyle

26. Boys 4x200 m Freestyle

***Sunday 08/12 Heats at 9:30, Finals time tbd***

27. Girls 50 m Freestyle Open NJM/NM

28. Boys 50 m Freestyle Open NJM/NM

29. Girls 200 m Backstroke

30. Boys 200 m Backstroke

31. Girls 200 m Breaststroke

32. Boys 200 m Breaststroke

33. Girls 400 m Freestyle

34. Boys 400 m Freestyle

35. Girls 200 m Butterfly

36. Boys 200 m Butterfly

37. Girls 4x100 m Medley

38. Boys 4x100 m Medley

39. 8x50 Mixed freestyle (non scoring for team-trophy)

**NORDIC JUNIOR CHAMPIONSHIPS/NORDIC CHAMPIONSHIPS 2013**

**PRELIMINARY ENTRY FORM**

Please send Preliminary Entry Form to Svimjisamband Føroya by **September 14th 2013** the latest. Email: ssf@ssf.fo or fax: +298 317559

**Team info**

|  |  |
| --- | --- |
| Federation: |  |
| Address: |  |
| Contact person: |  |
| Telephone: |  |
| Email: |  |

**Size of team**

|  |  |
| --- | --- |
| Boys Junior: |  |
| Girls Junior: |  |
| Boys pre-senior: |  |
| Girls pre-senior: |  |
| Team staff: |  |
| Total: |  |

**Preliminary Hotel booking (Hotel Føroyar) – first come, first served basis**

|  |  |
| --- | --- |
| Single rooms: € 768,- per person |  |
| Double rooms: € 596,- per person |  |
| Triple rooms: € 562,- per person |  |
| 4-6 persons/room annex by Hotel with shared facilities: € 499,- per person |  |

Package prices include full board accommodation (3 meals per day) starting from Thursday with dinner to ending at Monday with breakfast.

**Travel Package**

|  |  |
| --- | --- |
| Kastrup Airport – Hotel Føroyar – Kastrup Airport: € 433,- per person |  |

**Deadline September 14th 2013!**